# **Inverclyde Royal Hospital Pain Clinic**

You have been rostered to come to Inverclyde for Pain Clinics. Below are some instructions to help you find your way here. We look forward to meeting you.

## The Pain Clinics at IRH

- 1. Out patient clinics: all day Mondays
- 2. Xray interventions: once a month on 4th Monday of month
- 3. Non Xray intervention: every Wednesday afternoons

We provide a multidisciplinary chronic pain service to the Clyde area, including Renfrewshire. There are 2 consultants (Dr. Chee and Dr. Tong), a Pain Specialist Nurse (Sr. C. Mitchell), a pain pharmacist (Ms A. Munday), a Pain Physiotherapist (K. Henderson), a psychologist and a staff grade (Dr. C. Jacks).

#### **Contacts**

Anaesthetic/Pain Clinic Secretary: Telephone: 01475 633 777 ext 64525

E-mail contact:

Secretary: <u>mariesa.clenaghan@ggc.scor.nhs.uk</u>,

louise.dearie@ggc.scot.nhs.uk

Consultants: <a href="mailto:lew-chin.chee@ggc.scot.nhs.uk">lew-chin.chee@ggc.scot.nhs.uk</a>

grant.tong@ggc.scot.nhs.uk

If you are stuck, you can also call either Dr. Tong or Dr. Chee via the hospital

switchboard.

#### Location of clinics

#### Monday out-patient clinics

Monday mornings- clinics are at Port Glasgow Health Centre (PGHC).

<u>Monday afternoons</u>- Inverciyde Royal Hospital site at the Main Out Patients' Department. There are 5-6 clinics in the afternoons: consultant, staff grade, pharmacist, physiotherapist, nurse and psychologist.

#### **Wednesday**- afternoon

All interventions are at the Day Surgery Unit at the main Inverclyde Royal Hospital site. Lists start at 1.30pm.

## **Directions**

#### **Greenock Health Centre**

PA15 4LY (Duncan Street, Greenock). Clinic starts at 9am.

# Post Glasgow Health Centre

PA14 5EW (2 Bay Street, Port Glasgow)- after you come off the M8 motor way, a stretch of dual carriage way will take you into Port Glasgow. You will approach a round about where the Ferguson's shipyard is- go straight at this round about. You will then come to a set of traffic lights (library on your left)- turn left, then first left again will take you into the PGHC main car park. Enter the West Entrance, and look for hospital out-patients clinic. Clinic starts at 9.00am.

# **Invercivde Royal Hospital**

PA16 0XN- (Larkfield Road)

When you get into Port Glasgow from the dual carriage way, follow signs for Largs all the way through Port Glasgow, and Greenock.

On Largs Road, you will see Ravencraig Hospital on your left, shortly after that, take a right turn (up hill, Larkfield Road). This will take you to the hospital. Parking is free.

When you get to the main hospital, enter via the main entrance, and take lifts to Level N. At N, come out the lifts and turn left- go to the end of the corridor where you will find the anaesthetic secretary. You can have your lunch at the common room.